



# Agassiz Environmental Learning Center

*"Combining the best of nature study, conservation education, outdoor recreation, and environmental education."*

## Winter Educational Program Descriptions

### **Winter Survival Competition** 61.25-1.5 hours

(This activity is typically done in conjunction with cross country skiing.)

Our most popular winter activity! Learners will rank the importance of 7 basic survival needs and discuss concepts such as teamwork and maintaining a positive mental attitude, as well as survival skills such as fire building. The learners will then be broken into teams and presented with a scenario in which they are placed in a survival situation with only a limited amount of equipment, which they must use to construct a sturdy shelter, build a fire, and boil water for hot chocolate. Teams will be judged on their ability to work cooperatively, their ability to build an acceptable shelter and fire, and the speed at which they are able to do this in order to conserve maximum amounts of energy.

### **Cross Country Skiing** 61.25 - 4 hours

(This activity can be done alone, or in conjunction with winter survival competition.)

Cross country skis are available at the Nature Center. Learners will begin by following the beginner's loop of the cross country ski trails. More advanced skiers may choose to follow other trails which lead a little farther away from the Nature Center.

### **Campfire Cooking**

Many groups who visit the Nature Center choose to cook their meals over an open camp fire!

Teams of learners can plan various aspects of the meal, from the beverage to the appetizer, and from the main dish to the dessert. Just remember, whatever you choose to cook must be done without the use of a stove or microwave oven!

(Or instead, what is better than a simple meal of hot dogs and S'Mores over an open fire?!)

**For more information, or to schedule a visit, contact the  
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